

Data Dictionary Name: Baseline Physical Activity Questionnaire

Dataset Name: df_bpa_20240112.sas7bdat; df_bpa_20240112.xlsx

Description: The baseline physical activity questionnaire contains raw participant level information on work-related activities, household activities, and other recreational activities.

Key Variables:

*Study identification number (studyid)

**primary key (use this variable to link to other datasets)*

Variable	Description	Values	Notes	Format Name
studyid	PATHWAYS PARTICIPANT STUDY IDENTIFICATION NUMBER			
bpa_1_employed	WERE YOU EMPLOYED IN THE PAST SIX MONTHS?	0 = NO 1 = YES 8 = DON'T KNOW/NOT APPLICABLE 9 = REFUSED		YESNODKF

Variable	Description	Values	Notes	Format Name
bpa_2_volunteer	DID YOU DO ANY WEEKLY VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS?	0 = NO 1 = YES 8 = DON'T KNOW/NOT APPLICABLE 9 = REFUSED		YESNODKF
bpa_3_dayswork	HOW MANY DAYS PER WEEK DID YOU DO PAID WORK AND/OR VOLUNTEER ACTIVITY IN THE PAST 6 MONTHS?	1 = 1-3 DAYS 2 = 4-5 DAYS 3 = MORE THAN 5 DAYS 8 = DON'T KNOW/NOT APPLICABLE 9 = REFUSED		INTRO3F
bpa_4_hourswork	HOW MANY HOURS PER DAY DID YOU DO PAID WORK AND/OR VOLUNTEER ACTIVITY IN THE PAST 6 MONTHS?	1 = 0-4 HOURS 2 = 5-8 HOURS 3 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE 9 = REFUSED		INTRO4F

Variable	Description	Values	Notes	Format Name
bpa_5a_sitting	IN A USUAL DAY OF PAID AND/OR VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS, HOW OFTEN DID YOU SPEND TIME SITTING?	1 = NEVER OR LESS THAN 1 HOUR 2 = 1-2 HOURS 3 = MORE THAN 2-4 HOURS 4 = MORE THAN 4-6 HOURS 5 = MORE THAN 6-8 HOURS 6 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE		INTRO5F
bpa_5b_standing	IN A USUAL DAY OF PAID AND/OR VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS, HOW OFTEN DID YOU SPEND TIME STANDING?	1 = NEVER OR LESS THAN 1 HOUR 2 = 1-2 HOURS 3 = MORE THAN 2-4 HOURS 4 = MORE THAN 4-6 HOURS 5 = MORE THAN 6-8 HOURS 6 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE		INTRO5F

Variable	Description	Values	Notes	Format Name
bpa_5c_walking	IN A USUAL DAY OF PAID AND/OR VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS, HOW OFTEN DID YOU SPEND TIME WALKING?	1 = NEVER OR LESS THAN 1 HOUR 2 = 1-2 HOURS 3 = MORE THAN 2-4 HOURS 4 = MORE THAN 4-6 HOURS 5 = MORE THAN 6-8 HOURS 6 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE		INTRO5F
bpa_5d_lifting	IN A USUAL DAY OF PAID AND/OR VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS, HOW OFTEN DID YOU SPEND TIME LIFTING, CARRYING, OR PUSHING HEAVY ITEMS (20 POUNDS OR MORE)?	1 = NEVER OR LESS THAN 1 HOUR 2 = 1-2 HOURS 3 = MORE THAN 2-4 HOURS 4 = MORE THAN 4-6 HOURS 5 = MORE THAN 6-8 HOURS 6 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE		INTRO5F

Variable	Description	Values	Notes	Format Name
bpa_5e_stooping	IN A USUAL DAY OF PAID AND/OR VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS, HOW OFTEN DID YOU SPEND TIME STOOPING OR BENDING?	1 = NEVER OR LESS THAN 1 HOUR 2 = 1-2 HOURS 3 = MORE THAN 2-4 HOURS 4 = MORE THAN 4-6 HOURS 5 = MORE THAN 6-8 HOURS 6 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE		INTRO5F
bpa_5f_manual	IN A USUAL DAY OF PAID AND/OR VOLUNTEER ACTIVITY IN THE PAST SIX MONTHS, HOW OFTEN DID YOU SPEND TIME DOING HEAVY MANUAL WORK?	1 = NEVER OR LESS THAN 1 HOUR 2 = 1-2 HOURS 3 = MORE THAN 2-4 HOURS 4 = MORE THAN 4-6 HOURS 5 = MORE THAN 6-8 HOURS 6 = MORE THAN 8 HOURS 8 = DON'T KNOW/NOT APPLICABLE		INTRO5F

Variable	Description	Values	Notes	Format Name
bpa_a1_6a	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO ROUTINE CLEANING, SUCH AS DUSTING, CHANGING BED LINENS, VACUUMING, SWEEPING, WATERING INDOOR PLANTS, CLEANING BATHROOM AND KITCHEN SINKS AND COUNTERS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a1_6b	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO MAJOR CLEANING, SUCH AS CLEANING A GARAGE, CAR, RUGS, OR WINDOWS, SCRUBBING FLOORS OR WALLS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a1_6c	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO GROCERY SHOPPING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
		5 = MORE THAN 5 TIMES PER WEEK		
bpa_a1_6d	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO OTHER SHOPPING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a1_6e	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO LAUNDRY/IRONING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a1_6f	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PREPARE MEALS/BAKE/CLEAN UP FROM MEALS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
		5 = MORE THAN 5 TIMES PER WEEK		
bpa_a1_7a	EACH TIME YOU DID ROUTINE CLEANING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a1_7b	EACH TIME YOU DID MAJOR CLEANING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a1_7c	EACH TIME YOU DID GROCERY SHOPPING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a1_7d	EACH TIME YOU DID OTHER SHOPPING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_a1_7e	EACH TIME YOU DID LAUNDRY/IRONING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a1_7f	EACH TIME YOU PREPARED MEALS/BAKED/CLEANED UP FROM MEALS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a1_8a	WHEN YOU DID ROUTINE CLEANING, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a1_8b	WHEN YOU DID MAJOR CLEANING, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_a1_8c	WHEN YOU DID GROCERY SHOPPING, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a1_8d	WHEN YOU DID OTHER SHOPPING, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a1_8e	WHEN YOU DID LAUNDRY/IRONING, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a1_8f	WHEN YOU PREPARED MEALS/BAKED/CLEANED UP FROM MEALS, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a2_9a	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU TAKE CARE OF INFANTS AND TODDLERS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
		4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		
bpa_a2_9b	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU TAKE CARE OF YOUNG CHILDREN (AGED 3-5 YEARS OLD)?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a2_9c	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU TAKE CARE OF ELDERLY OR DISABLED PEOPLE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a2_9d	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU WALK THE DOG?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
		4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		
bpa_a2_9e	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU GROOM, CARE FOR, AND PLAY WITH LARGE ANIMALS, SUCH AS BIG DOGS, HORSES, OR FARM ANIMALS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a2_10a	EACH TIME YOU TOOK CARE OF INFANTS AND TODDLERS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a2_10b	EACH TIME YOU TOOK CARE OF YOUNG CHILDREN (AGED 3-5 YEARS OLD), HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_a2_10c	EACH TIME YOU TOOK CARE OF ELDERLY OR DISABLED PEOPLE, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a2_10d	EACH TIME YOU WALKED THE DOG, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a2_10e	EACH TIME YOU GROOMED, CARED FOR, AND PLAYED WITH LARGE ANIMALS, SUCH AS BIG DOGS, HORSES, OR FARM ANIMALS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a2_11a	WHEN YOU TOOK CARE OF INFANTS AND TODDLERS, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_a2_11b	WHEN YOU TOOK CARE OF YOUNG CHILDREN (AGED 3-5 YEARS OLD), DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a2_11c	WHEN YOU TOOK CARE OF ELDERLY AND DISABLED PEOPLE, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a2_11d	WHEN YOU WALKED THE DOG, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a2_11e	WHEN YOU GROOMED, CARED FOR, AND PLAYED WITH LARGE ANIMALS, SUCH AS BIG DOGS, HORSES, OR FARM ANIMALS, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_a3_12a	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PAINT INSIDE OR OUTSIDE OF YOUR HOUSE, OR WALL PAPER?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a3_12b	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO CARPENTRY?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a3_12c	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU MOVE OR REARRANGE FURNITURE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_a3_12d	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU MOW THE LAWN WITH A RIDING MOWER?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a3_12e	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU MOW THE LAWN, WALKING BEHIND A POWER MOWER?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_a3_12f	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO LIGHT YARD WORK, SUCH AS WEEDING, PLANTING, CULTIVATING A GARDEN, PRUNING OR TRIMMING BUSHES OR TREES, VACUUMING LEAVES, SWEEPING OUTSIDE, RAKING OR EDGING YARD, WATERING YARD OR PLANTS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_a3_12g	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO HEAVY YARD WORK, SUCH AS SPADING, DIGGING, FILLING IN A GARDEN, CHOPPING WOOD, USING A NON-POWER PUSH LAWNMOWER, LAYING BRICKS, OR SHOVELING SNOW?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_a3_13a	EACH TIME YOU PAINTED INSIDE OR OUTSIDE OF YOUR HOUSE, OR WALL PAPERED, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a3_13b	EACH TIME YOU DID CARPENTRY, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a3_13c	EACH TIME YOU MOVED OR REARRANGED FURNITURE, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a3_13d	EACH TIME YOU MOWED THE LAWN WITH A RIDING MOWER, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_a3_13e	EACH TIME YOU MOWED THE LAWN, WALKING BEHIND A POWER MOWER, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a3_13f	EACH TIME YOU DID LIGHT YARD WORK, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a3_13g	EACH TIME YOU DID HEAVY YARD WORK, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_a3_14a	WHEN YOU PAINTED INSIDE OR OUTSIDE OF YOUR HOUSE, OR WALL PAPERED, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_a3_14b	WHEN YOU DID CARPENTRY, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a3_14c	WHEN YOU MOVED OR REARRANGED FURNITURE, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a3_14d	WHEN YOU MOWED THE LAWN WITH A RIDING MOWER, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a3_14e	WHEN YOU MOWED THE LAWN, WALKING BEHIND A POWER MOWER, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_a3_14f	WHEN YOU DID LIGHT YARD WORK, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_a3_14g	WHEN YOU DID HEAVY YARD WORK, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_15a	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU RUN OR JOG (INCLUDING ON A TREADMILL)?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15b	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU SWIM LAPS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15c	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO BICYCLE RIDING (INCLUDING STATIONARY BIKES), TOURING OR RACING, ROAD OR MOUNTAIN BIKING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15d	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO STAIRMASTER/ELLIPTICAL RUNNER?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15e	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO AEROBIC DANCE OR EXERCISE CLASS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15f	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO SIT-UPS, PUSH-UPS, CALISTHENICS, FLOOR EXERCISE, OR CORE STRENGTHENING EXERCISES?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15g	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO YOGA, STRETCHING, TAI CHI, OR PILATES?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15h	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU CROSS-COUNTRY SKI OR ROW (INCLUDING INDOOR MACHINES)?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15i	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DOWNHILL SKI, ICE SKATE, OR ROLLERBLADE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15j	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU HIKE OR BACKPACK?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15k	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU WALK FOR EXERCISE OR PLEASURE AT A BRISK PACE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15l	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU WALK FOR EXERCISE OR PLEASURE AT A SLOW PACE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15m	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO WEIGHT LIFTING, FREE WEIGHTS OR CIRCUIT TRAINING (E.G. AT A GYM)?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15n	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PLAY VOLLEYBALL?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15o	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PLAY TENNIS, RACQUET BALL OR SQUASH?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15p	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PLAY SOCCER OR BASKETBALL?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15q	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PLAY BASEBALL OR SOFTBALL?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15r	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU GOLF, NOT USING A CART?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15s	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU GOLF, USING A CART?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15t	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU GO HORSEBACK RIDING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_15u	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU GO FLY FISHING OR HUNTING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15v	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO SOCIAL OR FOLK DANCING?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b1_15w	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO JAZZ, BALLET, MODERN, TAP, HIP HOP OR ETHNIC DANCE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b1_16a	EACH TIME YOU RAN OR JOGGED, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16b	EACH TIME YOU SWAM LAPS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16c	EACH TIME YOU DID BICYCLE RIDING (INCLUDING STATIONARY BIKES), TOURING OR RACING, ROAD OR MOUNTAIN BIKING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16d	EACH TIME YOU DID STAIRMASTER/ELLIPTICAL RUNNER, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b1_16e	EACH TIME YOU DID AEROBIC DANCE OR EXERCISE CLASS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16f	WHEN YOU DID SIT-UPS, PUSH-UPS, CALISTHENICS, FLOOR EXERCISE, OR CORE STRENGTHENING EXERCISES, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16g	EACH TIME YOU DID YOGA, STRETCHING, TAI CHI, OR PILATES, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16h	EACH TIME YOU DID CROSS-COUNTRY SKIING OR ROWING (INCLUDING INDOOR MACHINES), HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b1_16i	EACH TIME YOU DID DOWNHILL SKIING, ICE SKATING OR ROLLERBLADING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16j	EACH TIME YOU HIKE OR BACKPACKED, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16k	EACH TIME YOU WALKED FOR EXERCISE OR PLEASURE AT A BRISK PACE, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16l	EACH TIME YOU WALKED FOR EXERCISE OR PLEASURE AT A SLOW PACE, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b1_16m	EACH TIME YOU DID WEIGHT LIFTING, FREE WEIGHTS OR CIRCUIT TRAINING (E.G. AT A GYM), HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16n	EACH TIME YOU PLAYED VOLLEYBALL, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16o	EACH TIME YOU PLAYED TENNIS, RACQUET BALL OR SQUASH, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16p	EACH TIME YOU PLAYED SOCCER OR BASKETBALL, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b1_16q	EACH TIME YOU PLAYED BASEBALL OR SOFTBALL, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16r	EACH TIME YOU GOLFED, NOT USING A CART, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16s	EACH TIME YOU GOLFED, USING A CART, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16t	EACH TIME YOU WENT HORSEBACK RIDING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b1_16u	EACH TIME YOU WENT FLY FISHING OR HUNTING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16v	EACH TIME YOU DID SOCIAL OR FOLK DANCING, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_16w	EACH TIME YOU DID JAZZ, BALLET, MODERN, TAP, HIP HOP OR ETHNIC DANCE, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b1_17a	WHEN YOU RAN OR JOGGED, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b1_17b	WHEN YOU SWAM LAPS, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17c	WHEN YOU DID BICYCLE RIDING (INCLUDING STATIONARY BIKES), TOURING OR RACING, ROAD OR MOUNTAIN BIKING, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17d	WHEN YOU DID STAIRMASTER/ELLIPTICAL RUNNER, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17e	WHEN YOU DID AEROBIC DANCE OR EXERCISE CLASS, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b1_17f	WHEN YOU DID SIT-UPS, PUSH-UPS, CALISTHENICS, FLOOR EXERCISE, OR CORE STRENGTHENING EXERCISES, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17g	WHEN YOU DID YOGA, STRETCHING, TAI CHI, OR PILATES, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17h	WHEN YOU DID CROSS-COUNTRY SKIING OR ROWING (INCLUDING INDOOR MACHINES), DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17i	WHEN YOU DID DOWNHILL SKIING, ICE SKATING OR ROLLERBLADING, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b1_17j	WHEN YOU HIKE OR BACKPACKED, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17k	WHEN YOU WALKED FOR EXERCISE OR PLEASURE AT A BRISK PACE, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17l	WHEN YOU WALKED FOR EXERCISE OR PLEASURE AT A SLOW PACE, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17m	WHEN YOU DID WEIGHT LIFTING, FREE WEIGHTS OR CIRCUIT TRAINING (E.G. AT A GYM), DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17n	WHEN YOU PLAYED VOLLEYBALL, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b1_17o	WHEN YOU PLAYED TENNIS, RACQUET BALL OR SQUASH, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17p	WHEN YOU PLAYED SOCCER OR BASKETBALL, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17q	WHEN YOU PLAYED BASEBALL OR SOFTBALL, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17r	WHEN YOU GOLFED, NOT USING A CART, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17s	WHEN YOU GOLFED, USING A CART, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b1_17t	WHEN YOU WENT HORSEBACK RIDING, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17u	WHEN YOU WENT FLY FISHING OR HUNTING, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17v	WHEN YOU DID SOCIAL OR FOLK DANCING, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b1_17w	WHEN YOU DID JAZZ, BALLET, MODERN, TAP, HIP HOP OR ETHNIC DANCE, DID YOUR HEART RATE OR BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b2_18a	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DO ARTS & CRAFTS PROJECTS (SUCH AS KNITTING, QUILTING, MODEL BUILDING, DRAWING PAINTING, STAINED GLASS)?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b2_18b	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU READ, WRITE, BE ON A COMPUTER OTHER THAN AT WORK?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b2_18c	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU SOCIALIZE, VISIT WITH FRIENDS OR TALK ON THE PHONE?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b2_18d	ON AVERAGE, IN THE PAST SIX MONTHS, HOW OFTEN DID YOU ATTEND RELIGIOUS, SOCIAL, OR SERVICE CLUB MEETINGS, SPORTING EVENTS, CONCERTS, MOVIES, OR SHOWS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b2_18e	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU WATCH TV/VIDEOS (WHILE NOT DOING OTHER ACTIVITIES)?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b2_18f	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU PLAY BOARD OR CARD GAMES?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
bpa_b2_19a	EACH TIME YOU DID ARTS & CRAFTS PROJECTS (SUCH AS KNITTING, QUILTING, MODEL BUILDING, DRAWING PAINTING, STAINED GLASS), HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b2_19b	EACH TIME YOU READ, WROTE, WERE ON A COMPUTER OTHER THAN AT WORK, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b2_19c	EACH TIME YOU SOCIALIZED, VISITED WITH FRIENDS OR TALKED ON THE PHONE, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b2_19d	EACH TIME YOU ATTENDED RELIGIOUS, SOCIAL, OR SERVICE CLUB MEETINGS, SPORTING EVENTS, CONCERTS, MOVIES, OR SHOWS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b2_19e	EACH TIME YOU WATCHED TV/VIDEOS (WHILE NOT DOING OTHER ACTIVITIES), HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b2_19f	EACH TIME YOU PLAYED BOARD OR CARD GAMES, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b2_20a	WHEN YOU DID ARTS & CRAFTS PROJECTS (SUCH AS KNITTING, QUILTING, MODEL BUILDING, DRAWING PAINTING, STAINED GLASS), DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b2_20b	WHEN YOU READ, WROTE, WERE ON A COMPUTER OTHER THAN AT WORK, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b2_20c	WHEN YOU SOCIALIZED, VISITED WITH FRIENDS OR TALKED ON THE PHONE, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b2_20d	WHEN YOU ATTENDED RELIGIOUS, SOCIAL, OR SERVICE CLUB MEETINGS, SPORTING EVENTS, CONCERTS, MOVIES, OR SHOWS, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b2_20e	WHEN YOU WATCHED TV/VIDEOS (WHILE NOT DOING OTHER ACTIVITIES), DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b2_20f	WHEN YOU PLAYED BOARD OR CARD GAMES, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b3_21a	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU WALK TO THE BUS, TO WORK OR TO DO ERRANDS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b3_21b	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU CLIMB UP STAIRS?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK		FREQF

Variable	Description	Values	Notes	Format Name
		5 = MORE THAN 5 TIMES PER WEEK		
bpa_b3_21c	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU DRIVE OR RIDE IN A VEHICLE TO WORK, FOR ERRANDS OR TO GO PLACES?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b3_21d	ON AVERAGE, HOW OFTEN IN THE PAST SIX MONTHS DID YOU RIDE A BICYCLE OR USE ROLLERBLADES FOR TRANSPORTATION?	1 = NEVER OR LESS THAN 1 TIME PER MONTH 2 = 1-3 TIMES PER MONTH 3 = 1-2 TIMES PER WEEK 4 = 3-5 TIMES PER WEEK 5 = MORE THAN 5 TIMES PER WEEK		FREQF
bpa_b3_22a	EACH TIME YOU WALKED TO THE BUS, TO WORK OR TO DO ERRANDS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF

Variable	Description	Values	Notes	Format Name
bpa_b3_22b	EACH TIME YOU CLIMBED UP STAIRS, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b3_22c	EACH TIME YOU DROVE OR RODE IN A VEHICLE TO WORK, FOR ERRANDS OR TO GO PLACES, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b3_22d	EACH TIME YOU RODE A BICYCLE OR USED ROLLERBLADES FOR TRANSPORTATION, HOW MUCH TIME DID YOU USUALLY SPEND DOING IT?	1 = LESS THAN 15 MINUTES 2 = 15-30 MINUTES 3 = 31-60 MINUTES 4 = 61-90 MINUTES		DURF
bpa_b3_23a	WHEN YOU WALKED TO THE BUS, TO WORK OR TO DO ERRANDS, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF

Variable	Description	Values	Notes	Format Name
bpa_b3_23b	WHEN YOU CLIMBED UP STAIRS, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b3_23c	WHEN YOU DROVE OR RODE IN A VEHICLE TO WORK, FOR ERRANDS OR TO GO PLACES, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_b3_23d	WHEN YOU RODE A BICYCLE OR USED ROLLERBLADES FOR TRANSPORTATION, DID YOUR HEART RATE AND BREATHING INCREASE?	1 = NOT AT ALL OR VERY LITTLE 2 = A MODERATE AMOUNT 3 = A LARGE AMOUNT		INTENF
bpa_dt	DATE QUESTIONNAIRE COMPLETED			DATE9
bpa_questlang	QUESTIONNAIRE LANGUAGE			
bpa_selfad	QUESTIONNAIRE SELF-ADMINISTERED	0 = NO 1 = YES		YESNOF

This data dictionary was created on January 12, 2024.