

# The SAS System

## The CONTENTS Procedure

### Variables in Creation Order

| #  | Variable             | Type | Len | Format | Informat | Label                                                                      |
|----|----------------------|------|-----|--------|----------|----------------------------------------------------------------------------|
| 1  | studyid              | Char | 5   | \$5.   | \$5.     | PATHWAYS PARTICIPANT STUDY IDENTIFICATION NUMBER                           |
| 2  | bcm1_acidophilus     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ACIDOPHILUS?                                           |
| 3  | bcm1_acupressure     | Num  | 8   | BEST.  |          | HAVE YOU EVER USED ACUPRESSURE?                                            |
| 4  | bcm1_acupuncture     | Num  | 8   | BEST.  |          | HAVE YOU EVER USED ACUPUNCTURE?                                            |
| 5  | bcm1_alfalfa         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ALFALFA FOR HEALTH REASONS?                            |
| 6  | bcm1_aloe_vera       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ALOE VERA FOR HEALTH REASONS?                          |
| 7  | bcm1_arginine        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ARGININE?                                              |
| 8  | bcm1_aromatherapy    | Num  | 8   | BEST.  |          | HAVE YOU EVER USED AROMATHERAPY?                                           |
| 9  | bcm1_art_therapy     | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH:<br>ART THERAPY? |
| 10 | bcm1_ashwagandha     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ASHWAGANDHA FOR HEALTH REASONS?                        |
| 11 | bcm1_astragalus_root | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ASTRAGALUS ROOT FOR HEALTH REASONS?                    |
| 12 | bcm1_atkins          | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE ATKINS DIET?                                     |
| 13 | bcm1_atractylodes    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ATRACTYLODES FOR HEALTH REASONS?                       |
| 14 | bcm1_ayurvedic_med   | Num  | 8   | BEST.  |          | HAVE YOU EVER USED AYURVEDIC MEDICINE?                                     |
| 15 | bcm1_bee_pollen      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BEE POLLEN?                                            |
| 16 | bcm1_bilberry        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BILBERRY FOR HEALTH REASONS?                           |
| 17 | bcm1_bioelectro      | Num  | 8   | BEST.  |          | HAVE YOU EVER USED BIOELECTRO-MAGNETIC THERAPY?                            |
| 18 | bcm1_biofeedback     | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH:<br>BIOFEEDBACK? |
| 19 | bcm1_black_cohosh    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BLACK COHOSH FOR HEALTH REASONS?                       |
| 20 | bcm1_blue_cohosh     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BLUE COHOSH FOR HEALTH REASONS?                        |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                           |      |     |        |          |                                                                                                |
|-----------------------------|---------------------------|------|-----|--------|----------|------------------------------------------------------------------------------------------------|
| #                           | Variable                  | Type | Len | Format | Informat | Label                                                                                          |
| 21                          | bcm1_bluegreen_algae      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BLUE-GREEN ALGAE?                                                          |
| 22                          | bcm1_bodnrg_base          | Num  | 8   | BEST.  |          | HAVE YOU EVER USED ANY BODY-BASED, ENERGY-BASED, OR OTHER TREATMENTS AT ANY TIME IN YOUR LIFE? |
| 23                          | bcm1_borage_seed_oil      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BORAGE SEED OIL FOR HEALTH REASONS?                                        |
| 24                          | bcm1_bovine_cartilage     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BOVINE CARTILAGE?                                                          |
| 25                          | bcm1_bromelain            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BROMELAIN FOR HEALTH REASONS?                                              |
| 26                          | bcm1_burdock              | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN BURDOCK FOR HEALTH REASONS?                                                |
| 27                          | bcm1_calendula            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CALENDULA FOR HEALTH REASONS?                                              |
| 28                          | bcm1_cascara_sagrada      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CASCARA SAGRADA FOR HEALTH REASONS?                                        |
| 29                          | bcm1_cats_claw            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CATS CLAW FOR HEALTH REASONS?                                              |
| 30                          | bcm1_cayenne              | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CAYENNE FOR HEALTH REASONS?                                                |
| 31                          | bcm1_chamomile            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CHAMOMILE FOR HEALTH REASONS?                                              |
| 32                          | bcm1_chaparral            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CHAPARRAL FOR HEALTH REASONS?                                              |
| 33                          | bcm1_chaste_tree          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CHASTE TREE OR BERRY, VITEX FOR HEALTH REASONS?                            |
| 34                          | bcm1_chelation            | Num  | 8   | BEST.  |          | HAVE YOU EVER USED CHELATION THERAPY?                                                          |
| 35                          | bcm1_chinese_med          | Num  | 8   | BEST.  |          | HAVE YOU EVER USED CHINESE MEDICINE (QUESTION #1)?                                             |
| 36                          | bcm1_chinese_privet_berry | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CHINESE PRIVET BERRY OR LIGUSTRUM FOR HEALTH REASONS?                      |
| 37                          | bcm1_chiropractic         | Num  | 8   | BEST.  |          | HAVE YOU EVER USED CHIROPRACTIC CARE?                                                          |
| 38                          | bcm1_chlorella            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CHLORELLA FOR HEALTH REASONS?                                              |
| 39                          | bcm1_chondroitin          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CHONDROITIN?                                                               |
| 40                          | bcm1_coffee_enema         | Num  | 8   | BEST.  |          | HAVE YOU EVER USED COFFEE ENEMA?                                                               |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                       |      |     |        |          |                                                                                      |
|-----------------------------|-----------------------|------|-----|--------|----------|--------------------------------------------------------------------------------------|
| #                           | Variable              | Type | Len | Format | Informat | Label                                                                                |
| 41                          | bcm1_colon            | Num  | 8   | BEST.  |          | HAVE YOU EVER USED COLON CLEANSING OR COLONICS?                                      |
| 42                          | bcm1_coq10            | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CO-ENZYME Q10 (COQ10)?                                           |
| 43                          | bcm1_cranberry        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN CRANBERRY FOR HEALTH REASONS?                                    |
| 44                          | bcm1_curandera        | Num  | 8   | BEST.  |          | HAVE YOU EVER USED CURANDERA/O?                                                      |
| 45                          | bcm1_dance_therapy    | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: DANCE THERAPY?            |
| 46                          | bcm1_dandelion        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN DANDELION FOR HEALTH REASONS?                                    |
| 47                          | bcm1_deep_breathing   | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: DEEP BREATHING EXERCISES? |
| 48                          | bcm1_dhea             | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN DHEA?                                                            |
| 49                          | bcm1_don_quai         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN DON QUAI FOR HEALTH REASONS?                                     |
| 50                          | bcm1_dt               | Num  | 8   | BEST.  |          | DATE QUESTIONNAIRE COMPLETED                                                         |
| 51                          | bcm1_echinacea        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ECHINACEA FOR HEALTH REASONS?                                    |
| 52                          | bcm1_elderberry       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ELDERBERRY FOR HEALTH REASONS?                                   |
| 53                          | bcm1_ephedra          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN EPHEDRA FOR HEALTH REASONS?                                      |
| 54                          | bcm1_essiac           | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ESSIAC OR FLORESSENCE FOR HEALTH REASONS?                        |
| 55                          | bcm1_evening_primrose | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN EVENING PRIMROSE FOR HEALTH REASONS?                             |
| 56                          | bcm1_false_unicorn    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FALSE UNICORN FOR HEALTH REASONS?                                |
| 57                          | bcm1_fennel           | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FENNEL FOR HEALTH REASONS?                                       |
| 58                          | bcm1_feverfew         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FEVERFEW FOR HEALTH REASONS?                                     |
| 59                          | bcm1_fiber_supplement | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FIBER SUPPLEMENT SUCH AS METAMUCIL, CITRUSIL, KONSYL?            |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                    |      |     |        |          |                                                                                                                                           |
|-----------------------------|--------------------|------|-----|--------|----------|-------------------------------------------------------------------------------------------------------------------------------------------|
| #                           | Variable           | Type | Len | Format | Informat | Label                                                                                                                                     |
| 60                          | bcm1_fish_oil      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FISH OIL, EPA, OMEGA-3, OR COD LIVER OIL?                                                                             |
| 61                          | bcm1_flax_seed     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FLAX SEED FOR HEALTH REASONS?                                                                                         |
| 62                          | bcm1_flax_seed_oil | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FLAX SEED OIL?                                                                                                        |
| 63                          | bcm1_fo_ti_teng    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN FO TI TENG FOR HEALTH REASONS?                                                                                        |
| 64                          | bcm1_folk_med      | Num  | 8   | BEST.  |          | HAVE YOU EVER USED FOLK MEDICINE?                                                                                                         |
| 65                          | bcm1_garlic        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GARLIC FOR HEALTH REASONS?                                                                                            |
| 66                          | bcm1_ginger        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GINGER FOR HEALTH REASONS?                                                                                            |
| 67                          | bcm1_ginkgo_biloba | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GINKO BILOBA FOR HEALTH REASONS?                                                                                      |
| 68                          | bcm1_ginseng       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GINSENG FOR HEALTH REASONS?                                                                                           |
| 69                          | bcm1_glucosamine   | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GLUCOSAMINE?                                                                                                          |
| 70                          | bcm1_goldenseal    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GOLDENSEAL FOR HEALTH REASONS?                                                                                        |
| 71                          | bcm1_gotukola      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GOTUKOLA FOR HEALTH REASONS?                                                                                          |
| 72                          | bcm1_grapeseed_oil | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GRAPESEED OIL FOR HEALTH REASONS?                                                                                     |
| 73                          | bcm1_green_tea     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN GREEN TEA FOR HEALTH REASONS?                                                                                         |
| 74                          | bcm1_hawthorne     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN HAWTHORNE FOR HEALTH REASONS?                                                                                         |
| 75                          | bcm1_healing_touch | Num  | 8   | BEST.  |          | HAVE YOU EVER USED HEALING TOUCH?                                                                                                         |
| 76                          | bcm1_herb_botsup   | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN HERBAL OR BOTANICAL SUPPLEMENTS, INCLUDING PILLS, POWDERS, TINCTURES, AND TEAS, USED SPECIFICALLY FOR HEALTH REASONS? |
| 77                          | bcm1_high_fiber    | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE HIGH FIBER DIET?                                                                                                |
| 78                          | bcm1_high_protein  | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE HIGH PROTEIN DIET?                                                                                              |
| 79                          | bcm1_homeopathy    | Num  | 8   | BEST.  |          | HAVE YOU EVER USED HOMEOPATHY?                                                                                                            |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                       |      |     |        |          |                                                                        |
|-----------------------------|-----------------------|------|-----|--------|----------|------------------------------------------------------------------------|
| #                           | Variable              | Type | Len | Format | Informat | Label                                                                  |
| 80                          | bcm1_horse_chestnut   | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN HORSE CHESTNUT FOR HEALTH REASONS?                 |
| 81                          | bcm1_hoxsey_formula   | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN HOXSEY FORMULA FOR HEALTH REASONS?                 |
| 82                          | bcm1_htcm             | Num  | 8   | BEST.  |          | HAVE YOU EVER USED TRADITIONAL CHINESE HERBAL MEDICINE?                |
| 83                          | bcm1_hypnosis         | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: HYPNOSIS?   |
| 84                          | bcm1_kava_kava        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN KAVA KAVA FOR HEALTH REASONS?                      |
| 85                          | bcm1_kelp             | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN KELP FOR HEALTH REASONS?                           |
| 86                          | bcm1_knotted_figwort  | Char | 1   | \$1.   | \$1.     | HAVE YOU EVER TAKEN KNOTTED FIGWORT FOR HEALTH REASONS?                |
| 87                          | bcm1_kombucha         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN KOMBUCHA FOR HEALTH REASONS?                       |
| 88                          | bcm1_lavender         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN LAVENDER FOR HEALTH REASONS?                       |
| 89                          | bcm1_laxatives        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN LAXATIVES?                                         |
| 90                          | bcm1_lemon_balm       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN LEMON BALM FOR HEALTH REASONS?                     |
| 91                          | bcm1_licorice_root    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN LICORICE ROOT FOR HEALTH REASONS?                  |
| 92                          | bcm1_lowcarb          | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE LOW-CARB DIET?                               |
| 93                          | bcm1_lowfat           | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE LOW-FAT DIET?                                |
| 94                          | bcm1_lucetin          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN LUCETIN?                                           |
| 95                          | bcm1_macrobiotic      | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE MACROBIOTIC DIET?                            |
| 96                          | bcm1_maitake_mushroom | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MAITAKE MUSHROOM FOR HEALTH REASONS?               |
| 97                          | bcm1_massage          | Num  | 8   | BEST.  |          | HAVE YOU EVER USED MASSAGE?                                            |
| 98                          | bcm1_meadowsweet      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MEADOWSWEET FOR HEALTH REASONS?                    |
| 99                          | bcm1_meditation       | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: MEDITATION? |

## The SAS System

### The CONTENTS Procedure

| Variables in Creation Order |                    |      |     |        |          |                                                                                            |
|-----------------------------|--------------------|------|-----|--------|----------|--------------------------------------------------------------------------------------------|
| #                           | Variable           | Type | Len | Format | Informat | Label                                                                                      |
| 100                         | bcm1_melatonin     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MELATONIN?                                                             |
| 101                         | bcm1_milk_thistle  | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MILK THISTLE FOR HEALTH REASONS?                                       |
| 102                         | bcm1_mindbody      | Num  | 8   | BEST.  |          | HAVE YOU EVER USED ANY MIND-BODY BASED APPROACHES AT ANY TIME IN YOUR LIFE?                |
| 103                         | bcm1_mistletoe     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MISTLETOE (ISCADOR) FOR HEALTH REASONS?                                |
| 104                         | bcm1_motherwort    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MOTHERWORT FOR HEALTH REASONS?                                         |
| 105                         | bcm1_mullein       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN MULLEIN FOR HEALTH REASONS?                                            |
| 106                         | bcm1_music_therapy | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: MUSIC THERAPY?                  |
| 107                         | bcm1_naet          | Num  | 8   | BEST.  |          | HAVE YOU EVER USED NAET (NAMBUDRIPAD ALLERGY ELIMINATION TECHNIQUE)?                       |
| 108                         | bcm1_native_am_med | Num  | 8   | BEST.  |          | HAVE YOU EVER USED NATIVE AMERICAN MEDICINE?                                               |
| 109                         | bcm1_naturopathy   | Num  | 8   | BEST.  |          | HAVE YOU EVER USED NATUROPATHY OR NATUROPATHIC MEDICINE?                                   |
| 110                         | bcm1_nettle        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN NETTLE FOR HEALTH REASONS?                                             |
| 111                         | bcm1_no_redmeat    | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE NO RED MEAT DIET (BUT DO EAT CHICKEN AND/OR FISH) (QUESTION #1)? |
| 112                         | bcm1_nux_vomica    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN NUX VOMICA (HOMEOPATHIC REMEDY)?                                       |
| 113                         | bcm1_oat_straw     | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN OAT STRAW FOR HEALTH REASONS?                                          |
| 114                         | bcm1_oregon_grape  | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN OREGON GRAPE FOR HEALTH REASONS?                                       |
| 115                         | bcm1_oth_ay_cd1    | Num  | 8   | BEST.  |          | SPECIFIED OTHER AYURVEDIC REMEDIES OR MEDICINES TAKEN (CODE #1)                            |
| 116                         | bcm1_oth_ay_nmcd1  | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER AYURVEDIC REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)                       |
| 117                         | bcm1_oth_bbt_cd1   | Num  | 8   | BEST.  |          | SPECIFIED OTHER BODY-BASED/ENERGY-BASED TREATMENT USED (CODE #1)                           |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                       |      |     |        |          |                                                                                                      |
|-----------------------------|-----------------------|------|-----|--------|----------|------------------------------------------------------------------------------------------------------|
| #                           | Variable              | Type | Len | Format | Informat | Label                                                                                                |
| 118                         | bcm1_oth_fr_cd1       | Num  | 8   | BEST.  |          | SPECIFIED OTHER FOLK REMEDIES OR MEDICINES TAKEN (CODE #1)                                           |
| 119                         | bcm1_oth_fr_nmcd1     | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER FOLK REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)                                      |
| 120                         | bcm1_oth_hbsupp_cd1   | Num  | 8   | BEST.  |          | SPECIFIED OTHER HERBAL OR BOTANICAL SUPPLEMENT TAKEN FOR HEALTH REASONS (CODE #1)                    |
| 121                         | bcm1_oth_hbsupp_nmcd1 | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER HERBAL OR BOTANICAL SUPPLEMENT TAKEN FOR HEALTH REASONS (NMCD CODE #1)               |
| 122                         | bcm1_oth_hm_cd1       | Num  | 8   | BEST.  |          | SPECIFIED OTHER HOMEOPATHIC REMEDIES OR MEDICINES TAKEN (CODE #1)                                    |
| 123                         | bcm1_oth_hm_nmcd1     | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER HOMEOPATHIC REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)                               |
| 124                         | bcm1_oth_mbh_cd1      | Num  | 8   | BEST.  |          | SPECIFIED OTHER MIND-BODY BASED APPROACH USED (CODE #1)                                              |
| 125                         | bcm1_oth_na_cd1       | Num  | 8   | BEST.  |          | SPECIFIED OTHER NATIVE AMERICAN REMEDIES OR MEDICINES TAKEN (CODE #1)                                |
| 126                         | bcm1_oth_na_nmcd1     | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER NATIVE AMERICAN REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)                           |
| 127                         | bcm1_oth_natprod      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ANY OTHER NON-HERBAL OVER-THE-COUNTER NATURAL PRODUCTS AT ANY TIME IN YOUR LIFE? |
| 128                         | bcm1_oth_np_cd1       | Num  | 8   | BEST.  |          | SPECIFIED OTHER CHINESE REMEDIES OR MEDICINES TAKEN (CODE #1)                                        |
| 129                         | bcm1_oth_np_nmcd1     | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER CHINESE REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)                                   |
| 130                         | bcm1_oth_prod_cd1     | Num  | 8   | BEST.  |          | SPECIFIED OTHER PRODUCTS TAKEN (CODE #1)                                                             |
| 131                         | bcm1_oth_prod_nmcd1   | Char | 8   | \$8.   | \$8.     | SPECIFIED OTHER PRODUCTS TAKEN (NMCD CODE #1)                                                        |
| 132                         | bcm1_oth_sd_cd1       | Num  | 8   | BEST.  |          | SPECIFIED OTHER SPECIAL DIET ADOPTED (CODE #1)                                                       |
| 133                         | bcm1_pau_darco        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN PAU DARCO FOR HEALTH REASONS?                                                    |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                       |      |     |        |          |                                                                                                                              |
|-----------------------------|-----------------------|------|-----|--------|----------|------------------------------------------------------------------------------------------------------------------------------|
| #                           | Variable              | Type | Len | Format | Informat | Label                                                                                                                        |
| 134                         | bcm1_poetry_therapy   | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: POETRY THERAPY?                                                   |
| 135                         | bcm1_poke_root        | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN POKE ROOT FOR HEALTH REASONS?                                                                            |
| 136                         | bcm1_prayer           | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: PRAYER?                                                           |
| 137                         | bcm1_proanthocyanidin | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN PROANTHOCYANIDIN FOR HEALTH REASONS?                                                                     |
| 138                         | bcm1_psychotherapy    | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: PSYCHOTHERAPY (WITH SOCIAL WORKER, PSYCHOLOGIST OR PSYCHIATRIST)? |
| 139                         | bcm1_pulsatilla       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKENPULSATILLA (HOMEOPATHIC REMEDY)?                                                                          |
| 140                         | bcm1_pycnogenol       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN PYCNOGENOL FOR HEALTH REASONS?                                                                           |
| 141                         | bcm1_qi_gong          | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: QI GONG?                                                          |
| 142                         | bcm1_questlang        | Num  | 8   | BEST.  |          | QUESTIONNAIRE LANGUAGE                                                                                                       |
| 143                         | bcm1_red_clover       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN RED CLOVER FOR HEALTH REASONS?                                                                           |
| 144                         | bcm1_red_raspberry    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN RED RASPBERRY FOR HEALTH REASONS?                                                                        |
| 145                         | bcm1_reed_herb        | Char | 1   | \$1.   | \$1.     | HAVE YOU EVER TAKEN REED HERB FOR HEALTH REASONS?                                                                            |
| 146                         | bcm1_reiki            | Num  | 8   | BEST.  |          | HAVE YOU EVER USED REIKI?                                                                                                    |
| 147                         | bcm1_reishi_mushroom  | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN REISHI MUSHROOM FOR HEALTH REASONS?                                                                      |
| 148                         | bcm1_religion         | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: RELIGION?                                                         |
| 149                         | bcm1_resveratrol      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN RESVERATROL FOR HEALTH REASONS?                                                                          |
| 150                         | bcm1_rosemary         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ROSEMARY FOR HEALTH REASONS?                                                                             |
| 151                         | bcm1_royal_jelly      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ROYAL JELLY?                                                                                             |

# The SAS System

## The CONTENTS Procedure

| Variables in Creation Order |                        |      |     |        |          |                                                                            |
|-----------------------------|------------------------|------|-----|--------|----------|----------------------------------------------------------------------------|
| #                           | Variable               | Type | Len | Format | Informat | Label                                                                      |
| 152                         | bcm1_sage_tea          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SAGE TEA FOR HEALTH REASONS?                           |
| 153                         | bcm1_sarsaparilla      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SARSAPARILLA FOR HEALTH REASONS?                       |
| 154                         | bcm1_saw_palmetto      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SAW PALMETTO FOR HEALTH REASONS?                       |
| 155                         | bcm1_selfadmin         | Num  | 8   | BEST.  |          | QUESTIONNAIRE SELF-ADMINISTERED                                            |
| 156                         | bcm1_sepia             | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SEPIA (HOMEOPATHIC REMEDY)?                            |
| 157                         | bcm1_shaman            | Num  | 8   | BEST.  |          | HAVE YOU EVER USED A SHAMAN?                                               |
| 158                         | bcm1_shark_cartilage   | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SHARK CARTILAGE?                                       |
| 159                         | bcm1_sheep_sorrel      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SHEEP SORREL FOR HEALTH REASONS?                       |
| 160                         | bcm1_shiitake_mushroom | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SHIITAKE MUSHROOM FOR HEALTH REASONS?                  |
| 161                         | bcm1_siberian_ginseng  | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SIBERIAN GINSENG FOR HEALTH REASONS?                   |
| 162                         | bcm1_slippery_elm      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SLIPPERY ELM FOR HEALTH REASONS?                       |
| 163                         | bcm1_southbeach        | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE SOUTH BEACH DIET?                                |
| 164                         | bcm1_soy_supplement    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SOY SUPPLEMENT FOR HEALTH REASONS?                     |
| 165                         | bcm1_specdiets         | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED A SPECIAL DIET AT ANY TIME IN YOUR LIFE?             |
| 166                         | bcm1_spiritual_healer  | Num  | 8   | BEST.  |          | HAVE YOU EVER USED A SPIRITUAL HEALER?                                     |
| 167                         | bcm1_spirituality      | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: SPIRITUALITY?   |
| 168                         | bcm1_spirulina         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN SPIRULINA?                                             |
| 169                         | bcm1_stjohns_wort      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN ST. JOHNS WORT FOR HEALTH REASONS?                     |
| 170                         | bcm1_support_groups    | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: SUPPORT GROUPS? |
| 171                         | bcm1_tai_chi           | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: TAI CHI?        |

## The SAS System

### The CONTENTS Procedure

| Variables in Creation Order |                     |      |     |        |          |                                                                                             |
|-----------------------------|---------------------|------|-----|--------|----------|---------------------------------------------------------------------------------------------|
| #                           | Variable            | Type | Len | Format | Informat | Label                                                                                       |
| 172                         | bcm1_tcm            | Num  | 8   | BEST.  |          | HAVE YOU EVER USED CHINESE MEDICINE (QUESTION #2)?                                          |
| 173                         | bcm1_thyme          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN THYME FOR HEALTH REASONS?                                               |
| 174                         | bcm1_tibetan_med    | Num  | 8   | BEST.  |          | HAVE YOU EVER USED TIBETAN MEDICINE?                                                        |
| 175                         | bcm1_turkey_rhubarb | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN TURKEY RHUBARB FOR HEALTH REASONS?                                      |
| 176                         | bcm1_uva_ursi       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN UVA URSI FOR HEALTH REASONS?                                            |
| 177                         | bcm1_valerian       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN VALERIAN FOR HEALTH REASONS?                                            |
| 178                         | bcm1_vegan          | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE VEGAN DIET (NO MEAT, DAIRY, EGGS)?                                |
| 179                         | bcm1_vegetarian     | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE VEGETARIAN DIET WITH NO MEAT?                                     |
| 180                         | bcm1_visualization  | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: VISUALIZATION OR GUIDED IMAGERY? |
| 181                         | bcm1_water_tx       | Num  | 8   | BEST.  |          | HAVE YOU EVER USED WATER TREATMENT OR HYDROTHERAPY?                                         |
| 182                         | bcm1_western_larch  | Char | 1   | \$1.   | \$1.     | HAVE YOU EVER TAKEN WESTERN LARCH FOR HEALTH REASONS?                                       |
| 183                         | bcm1_whole_foods    | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE WHOLE FOODS DIET?                                                 |
| 184                         | bcm1_wild_bark      | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN WILD BARK FOR HEALTH REASONS?                                           |
| 185                         | bcm1_wild_indigo    | Char | 1   | \$1.   | \$1.     | HAVE YOU EVER TAKEN WILD INDIGO FOR HEALTH REASONS?                                         |
| 186                         | bcm1_wild_yam       | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN WILD YAM/MEXICAN YAM FOR HEALTH REASONS?                                |
| 187                         | bcm1_yarrow         | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN YARROW FOR HEALTH REASONS?                                              |
| 188                         | bcm1_yellow_dock    | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN YELLOW DOCK FOR HEALTH REASONS?                                         |
| 189                         | bcm1_yoga           | Num  | 8   | BEST.  |          | HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: YOGA?                            |
| 190                         | bcm1_yucca          | Num  | 8   | BEST.  |          | HAVE YOU EVER TAKEN YUCCA FOR HEALTH REASONS?                                               |
| 191                         | bcm1_zone           | Num  | 8   | BEST.  |          | HAVE YOU EVER ADOPTED THE THE ZONE DIET?                                                    |