

Data Dictionary Name: Baseline Complementary and Alternative Medicine (CAM) Questionnaire - Part 1

Dataset Name: df_bcm1_20240116.sas7bdat; df_bcm1_20240116.xlsx

Description: The baseline complementary and alternative medicine questionnaire (part 1) contains raw participant level information on use of herbal and botanical supplements, natural products, special diets, mind-body healing approaches, as well as body-based and energy-based treatments.

Key Variables:

*Study identification number (studyid)

Use of herbal and botanical supplements (bcm1_herb_botsup)

Use of special diets (bcm1_oth_prod_cd1)

Use of mind-body based healing approaches (bcm1_mindbody)

**primary key (use this variable to link to other datasets)*

Variable	Description	Values	Notes	Format Name
studyid	PATHWAYS PARTICIPANT STUDY IDENTIFICATION NUMBER			
bcm1_acidophilus	HAVE YOU EVER TAKEN ACIDOPHILUS?	1 = YES		YESF
bcm1_acupressure	HAVE YOU EVER USED ACUPRESSURE?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_acupuncture	HAVE YOU EVER USED ACUPUNCTURE?	1 = YES		YESF
bcm1_alfalfa	HAVE YOU EVER TAKEN ALFALFA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_aloe_vera	HAVE YOU EVER TAKEN ALOE VERA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_arginine	HAVE YOU EVER TAKEN ARGININE?	1 = YES		YESF
bcm1_aromatherapy	HAVE YOU EVER USED AROMATHERAPY?	1 = YES		YESF
bcm1_art_therapy	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: ART THERAPY?	1 = YES		YESF
bcm1_ashwagandha	HAVE YOU EVER TAKEN ASHWAGANDHA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_astragalus_root	HAVE YOU EVER TAKEN ASTRAGALUS ROOT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_atkins	HAVE YOU EVER ADOPTED THE ATKINS DIET?	1 = YES		YESF
bcm1_atractylodes	HAVE YOU EVER TAKEN ATRACTYLODES FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_ayurvedic_med	HAVE YOU EVER USED AYURVEDIC MEDICINE?	1 = YES		YESF
bcm1_bee_pollen	HAVE YOU EVER TAKEN BEE POLLEN?	1 = YES		YESF
bcm1_bilberry	HAVE YOU EVER TAKEN BILBERRY FOR HEALTH REASONS?	1 = YES		YESF
bcm1_bioelectro	HAVE YOU EVER USED BIOELECTRO-MAGNETIC THERAPY?	1 = YES		YESF
bcm1_biofeedback	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: BIOFEEDBACK?	1 = YES		YESF
bcm1_black_cohosh	HAVE YOU EVER TAKEN BLACK COHOSH FOR HEALTH REASONS?			
bcm1_blue_cohosh	HAVE YOU EVER TAKEN BLUE COHOSH FOR HEALTH REASONS?	1 = YES		YESF
bcm1_bluegreen_algae	HAVE YOU EVER TAKEN BLUE-GREEN ALGAE?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_bodnrg_base	HAVE YOU EVER USED ANY BODY-BASED, ENERGY-BASED, OR OTHER TREATMENTS AT ANY TIME IN YOUR LIFE?	0 = NO 1 = YES 8 = DON'T KNOW 9 = REFUSED		YESNODKF
bcm1_borage_seed_oil	HAVE YOU EVER TAKEN BORAGE SEED OIL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_bovine_cartilage	HAVE YOU EVER TAKEN BOVINE CARTILAGE?	1 = YES		YESF
bcm1_bromelain	HAVE YOU EVER TAKEN BROMELAIN FOR HEALTH REASONS?	1 = YES		YESF
bcm1_burdock	HAVE YOU EVER TAKEN BURDOCK FOR HEALTH REASONS?	1 = YES		YESF
bcm1_calendula	HAVE YOU EVER TAKEN CALENDULA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_cascara_sagrada	HAVE YOU EVER TAKEN CASCARA SAGRADA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_cats_claw	HAVE YOU EVER TAKEN CATS CLAW FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_cayenne	HAVE YOU EVER TAKEN CAYENNE FOR HEALTH REASONS?	1 = YES		YESF
bcm1_chamomile	HAVE YOU EVER TAKEN CHAMOMILE FOR HEALTH REASONS?	1 = YES		YESF
bcm1_chaparral	HAVE YOU EVER TAKEN CHAPARRAL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_chaste_tree	HAVE YOU EVER TAKEN CHASTE TREE OR BERRY, VITEX FOR HEALTH REASONS?	1 = YES		YESF
bcm1_chelation	HAVE YOU EVER USED CHELATION THERAPY?	1 = YES		YESF
bcm1_chinese_med	HAVE YOU EVER USED CHINESE MEDICINE (QUESTION #1)?	1 = YES	Responses to this question vary from responses contained within variable bcm1_tcm	YESF
bcm1_chinese_privet_berry	HAVE YOU EVER TAKEN CHINESE PRIVET BERRY OR LIGUSTRUM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_chiropractic	HAVE YOU EVER USED CHIROPRACTIC CARE?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_chlorella	HAVE YOU EVER TAKEN CHLORELLA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_chondroitin	HAVE YOU EVER TAKEN CHONDROITIN?	1 = YES		YESF
bcm1_coffee_enema	HAVE YOU EVER USED COFFEE ENEMA?	1 = YES		YESF
bcm1_colon	HAVE YOU EVER USED COLON CLEANSING OR COLONICS?	1 = YES		YESF
bcm1_coq10	HAVE YOU EVER TAKEN CO-ENZYME Q10 (COQ10)?	1 = YES		YESF
bcm1_cranberry	HAVE YOU EVER TAKEN CRANBERRY FOR HEALTH REASONS?	1 = YES		YESF
bcm1_curandera	HAVE YOU EVER USED CURANDERA/O?	1 = YES		YESF
bcm1_dance_therapy	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: DANCE THERAPY?	1 = YES		YESF
bcm1_dandelion	HAVE YOU EVER TAKEN DANDELION FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_deep_breathing	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: DEEP BREATHING EXERCISES?	1 = YES		YESF
bcm1_dhea	HAVE YOU EVER TAKEN DHEA?	1 = YES		YESF
bcm1_don_quai	HAVE YOU EVER TAKEN DON QUAI FOR HEALTH REASONS?	1 = YES		YESF
bcm1_dt	DATE QUESTIONNAIRE COMPLETED			DATE9
bcm1_echinacea	HAVE YOU EVER TAKEN ECHINACEA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_elderberry	HAVE YOU EVER TAKEN ELDERBERRY FOR HEALTH REASONS?	1 = YES		YESF
bcm1_ephedra	HAVE YOU EVER TAKEN EPHEDRA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_essiac	HAVE YOU EVER TAKEN ESSIAC OR FLORESSENCE FOR HEALTH REASONS?	1 = YES		YESF
bcm1_evening_primrose	HAVE YOU EVER TAKEN EVENING PRIMROSE FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_false_unicorn	HAVE YOU EVER TAKEN FALSE UNICORN FOR HEALTH REASONS?	1 = YES		YESF
bcm1_fennel	HAVE YOU EVER TAKEN FENNEL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_feverfew	HAVE YOU EVER TAKEN FEVERFEW FOR HEALTH REASONS?	1 = YES		YESF
bcm1_fiber_supplement	HAVE YOU EVER TAKEN FIBER SUPPLEMENT SUCH AS METAMUCIL, CITRUSIL, KONSYL?	1 = YES		YESF
bcm1_fish_oil	HAVE YOU EVER TAKEN FISH OIL, EPA, OMEGA-3, OR COD LIVER OIL?	1 = YES		YESF
bcm1_flax_seed	HAVE YOU EVER TAKEN FLAX SEED FOR HEALTH REASONS?	1 = YES		YESF
bcm1_flax_seed_oil	HAVE YOU EVER TAKEN FLAX SEED OIL?	1 = YES		YESF
bcm1_fo_ti_teng	HAVE YOU EVER TAKEN FO TI TENG FOR HEALTH REASONS?	1 = YES		YESF
bcm1_folk_med	HAVE YOU EVER USED FOLK MEDICINE?	1 = YES		YESF
bcm1_garlic	HAVE YOU EVER TAKEN GARLIC FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_ginger	HAVE YOU EVER TAKEN GINGER FOR HEALTH REASONS?	1 = YES		YESF
bcm1_ginkgo_biloba	HAVE YOU EVER TAKEN GINKO BILOBA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_ginseng	HAVE YOU EVER TAKEN GINSENG FOR HEALTH REASONS?	1 = YES		YESF
bcm1_glucosamine	HAVE YOU EVER TAKEN GLUCOSAMINE?	1 = YES		YESF
bcm1_goldenseal	HAVE YOU EVER TAKEN GOLDENSEAL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_gotukola	HAVE YOU EVER TAKEN GOTUKOLA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_grapeseed_oil	HAVE YOU EVER TAKEN GRAPESEED OIL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_green_tea	HAVE YOU EVER TAKEN GREEN TEA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_hawthorne	HAVE YOU EVER TAKEN HAWTHORNE FOR HEALTH REASONS?	1 = YES		YESF
bcm1_healing_touch	HAVE YOU EVER USED HEALING TOUCH?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_herb_botstup	HAVE YOU EVER TAKEN HERBAL OR BOTANICAL SUPPLEMENTS, INCLUDING PILLS, POWDERS, TINCTURES, AND TEAS, USED SPECIFICALLY FOR HEALTH REASONS?	0 = NO 1 = YES 8 = DON'T KNOW 9 = REFUSED		YESNODKF
bcm1_high_fiber	HAVE YOU EVER ADOPTED THE HIGH FIBER DIET?	1 = YES		YESF
bcm1_high_protein	HAVE YOU EVER ADOPTED THE HIGH PROTEIN DIET?	1 = YES		YESF
bcm1_homeopathy	HAVE YOU EVER USED HOMEOPATHY?	1 = YES		YESF
bcm1_horse_chestnut	HAVE YOU EVER TAKEN HORSE CHESTNUT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_hoxsey_formula	HAVE YOU EVER TAKEN HOXSEY FORMULA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_htcm	HAVE YOU EVER USED TRADITIONAL CHINESE HERBAL MEDICINE?	1 = YES		YESF
bcm1_hypnosis	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: HYPNOSIS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_kava_kava	HAVE YOU EVER TAKEN KAVA KAVA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_kelp	HAVE YOU EVER TAKEN KELP FOR HEALTH REASONS?	1 = YES		YESF
bcm1_knotted_figwort	HAVE YOU EVER TAKEN KNOTTED FIGWORT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_kombucha	HAVE YOU EVER TAKEN KOMBUCHA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_lavender	HAVE YOU EVER TAKEN LAVENDER FOR HEALTH REASONS?	1 = YES		YESF
bcm1_laxatives	HAVE YOU EVER TAKEN LAXATIVES?	1 = YES		YESF
bcm1_lemon_balm	HAVE YOU EVER TAKEN LEMON BALM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_licorice_root	HAVE YOU EVER TAKEN LICORICE ROOT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_lowcarb	HAVE YOU EVER ADOPTED THE LOW-CARB DIET?	1 = YES		YESF
bcm1_lowfat	HAVE YOU EVER ADOPTED THE LOW-FAT DIET?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_lucetin	HAVE YOU EVER TAKEN LUCETIN?	1 = YES		YESF
bcm1_macrobiotic	HAVE YOU EVER ADOPTED THE MACROBIOTIC DIET?	1 = YES		YESF
bcm1_maitake_mushroom	HAVE YOU EVER TAKEN MAITAKE MUSHROOM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_massage	HAVE YOU EVER USED MASSAGE?	1 = YES		YESF
bcm1_meadowsweet	HAVE YOU EVER TAKEN MEADOWSWEET FOR HEALTH REASONS?	1 = YES		YESF
bcm1_meditation	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: MEDITATION?	1 = YES		YESF
bcm1_melatonin	HAVE YOU EVER TAKEN MELATONIN?	1 = YES		YESF
bcm1_milk_thistle	HAVE YOU EVER TAKEN MILK THISTLE FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_mindbody	HAVE YOU EVER USED ANY MIND-BODY BASED APPROACHES AT ANY TIME IN YOUR LIFE?	0 = NO 1 = YES 8 = DON'T KNOW 9 = REFUSED		YESNODKF
bcm1_mistletoe	HAVE YOU EVER TAKEN MISTLETOE (ISCADOR) FOR HEALTH REASONS?	1 = YES		YESF
bcm1_motherwort	HAVE YOU EVER TAKEN MOTHERWORT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_mullein	HAVE YOU EVER TAKEN MULLEIN FOR HEALTH REASONS?	1 = YES		YESF
bcm1_music_therapy	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: MUSIC THERAPY?	1 = YES		YESF
bcm1_naet	HAVE YOU EVER USED NAET (NAMBUDRIPAD ALLERGY ELIMINATION TECHNIQUE)?	1 = YES		YESF
bcm1_native_am_med	HAVE YOU EVER USED NATIVE AMERICAN MEDICINE?	1 = YES		YESF
bcm1_naturopathy	HAVE YOU EVER USED NATUROPATHY OR NATUROPATHIC MEDICINE?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_nettle	HAVE YOU EVER TAKEN NETTLE FOR HEALTH REASONS?	1 = YES		YESF
bcm1_no_redmeat	HAVE YOU EVER ADOPTED THE NO RED MEAT DIET (BUT DO EAT CHICKEN AND/OR FISH) (QUESTION #1)?	1 = YES	Responses to this question vary from responses contained within variable no_red_meat	YESF
bcm1_nux_vomica	HAVE YOU EVER TAKEN NUX VOMICA (HOMEOPATHIC REMEDY)?	1 = YES		YESF
bcm1_oat_straw	HAVE YOU EVER TAKEN OAT STRAW FOR HEALTH REASONS?	1 = YES		YESF
bcm1_oregon_grape	HAVE YOU EVER TAKEN OREGON GRAPE FOR HEALTH REASONS?	1 = YES		YESF
bcm1_oth_ay_cd1	SPECIFIED OTHER AYURVEDIC REMEDIES OR MEDICINES TAKEN (CODE #1)		Please request codebook	
bcm1_oth_ay_nmcd1	SPECIFIED OTHER AYURVEDIC REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)		Please request codebook	
bcm1_oth_bbt_cd1	SPECIFIED OTHER BODY-BASED/ENERGY-BASED TREATMENT USED (CODE #1)		Please request codebook	

Variable	Description	Values	Notes	Format Name
bcm1_oth_fr_cd1	SPECIFIED OTHER FOLK REMEDIES OR MEDICINES TAKEN (CODE #1)		Please request codebook	
bcm1_oth_fr_nmcd1	SPECIFIED OTHER FOLK REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)		Please request codebook	
bcm1_oth_hbsupp_cd1	SPECIFIED OTHER HERBAL OR BOTANICAL SUPPLEMENT TAKEN FOR HEALTH REASONS (CODE #1)		Please request codebook	
bcm1_oth_hbsupp_nmcd1	SPECIFIED OTHER HERBAL OR BOTANICAL SUPPLEMENT TAKEN FOR HEALTH REASONS (NMCD CODE #1)		Please request codebook	
bcm1_oth_hm_cd1	SPECIFIED OTHER HOMEOPATHIC REMEDIES OR MEDICINES TAKEN (CODE #1)		Please request codebook	
bcm1_oth_hm_nmcd1	SPECIFIED OTHER HOMEOPATHIC REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)		Please request codebook	
bcm1_oth_mbh_cd1	SPECIFIED OTHER MIND-BODY BASED APPROACH USED (CODE #1)		Please request codebook	

Variable	Description	Values	Notes	Format Name
bcm1_oth_na_cd1	SPECIFIED OTHER NATIVE AMERICAN REMEDIES OR MEDICINES TAKEN (CODE #1)		Please request codebook	
bcm1_oth_na_nmcd1	SPECIFIED OTHER NATIVE AMERICAN REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)		Please request codebook	
bcm1_oth_natprod	HAVE YOU EVER TAKEN ANY OTHER NON-HERBAL OVER-THE-COUNTER NATURAL PRODUCTS AT ANY TIME IN YOUR LIFE?	0 = NO 1 = YES 8 = DON'T KNOW 9 = REFUSED		YESNODKF
bcm1_oth_np_cd1	SPECIFIED OTHER CHINESE REMEDIES OR MEDICINES TAKEN (CODE #1)		Please request codebook	
bcm1_oth_np_nmcd1	SPECIFIED OTHER CHINESE REMEDIES OR MEDICINES TAKEN (NMCD CODE #1)		Please request codebook	
bcm1_oth_prod_cd1	SPECIFIED OTHER PRODUCTS TAKEN (CODE #1)	0 = NO 1 = YES 8 = DON'T KNOW 9 = REFUSED	Please request codebook	YESNODKF
bcm1_oth_prod_nmcd1	SPECIFIED OTHER PRODUCTS TAKEN (NMCD CODE #1)		Please request codebook	

Variable	Description	Values	Notes	Format Name
bcm1_oth_sd_cd1	SPECIFIED OTHER SPECIAL DIET ADOPTED (CODE #1)		Please request codebook	
bcm1_pau_darco	HAVE YOU EVER TAKEN PAU DARCO FOR HEALTH REASONS?	1 = YES		YESF
bcm1_poetry_therapy	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: POETRY THERAPY?	1 = YES		YESF
bcm1_poke_root	HAVE YOU EVER TAKEN POKE ROOT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_prayer	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: PRAYER?	1 = YES		YESF
bcm1_proanthocyanidin	HAVE YOU EVER TAKEN PROANTHOCYANIDIN FOR HEALTH REASONS?	1 = YES		YESF
bcm1_psychotherapy	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: PSYCHOTHERAPY (WITH SOCIAL WORKER, PSYCHOLOGIST OR PSYCHIATRIST)?	1 = YES		YESF
bcm1_pulsatilla	HAVE YOU EVER TAKEN PULSATILLA (HOMEOPATHIC REMEDY)?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_pycnogenol	HAVE YOU EVER TAKEN PYCNOGENOL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_qi_gong	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: QI GONG?	1 = YES		YESF
bcm1_questlang	QUESTIONNAIRE LANGUAGE			
bcm1_red_clover	HAVE YOU EVER TAKEN RED CLOVER FOR HEALTH REASONS?	1 = YES		YESF
bcm1_red_raspberry	HAVE YOU EVER TAKEN RED RASPBERRY FOR HEALTH REASONS?	1 = YES		YESF
bcm1_reed_herb	HAVE YOU EVER TAKEN REED HERB FOR HEALTH REASONS?	1 = YES		YESF
bcm1_reiki	HAVE YOU EVER USED REIKI?	1 = YES		YESF
bcm1_reishi_mushroom	HAVE YOU EVER TAKEN REISHI MUSHROOM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_religion	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: RELIGION?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_resveratrol	HAVE YOU EVER TAKEN RESVERATROL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_rosemary	HAVE YOU EVER TAKEN ROSEMARY FOR HEALTH REASONS?	1 = YES		YESF
bcm1_royal_jelly	HAVE YOU EVER TAKEN ROYAL JELLY?	1 = YES		YESF
bcm1_sage_tea	HAVE YOU EVER TAKEN SAGE TEA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_sarsaparilla	HAVE YOU EVER TAKEN SARSAPARILLA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_saw_palmetto	HAVE YOU EVER TAKEN SAW PALMETTO FOR HEALTH REASONS?	1 = YES		YESF
bcm1_selfadmin	QUESTIONNAIRE SELF-ADMINISTERED	0 = NO 1 = YES		YESNOF
bcm1_sepia	HAVE YOU EVER TAKEN SEPIA (HOMEOPATHIC REMEDY)?	1 = YES		YESF
bcm1_shaman	HAVE YOU EVER USED A SHAMAN?	1 = YES		YESF
bcm1_shark_cartilage	HAVE YOU EVER TAKEN SHARK CARTILAGE?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_sheep_sorrel	HAVE YOU EVER TAKEN SHEEP SORREL FOR HEALTH REASONS?	1 = YES		YESF
bcm1_shiitake_mushroom	HAVE YOU EVER TAKEN SHIITAKE MUSHROOM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_siberian_ginseng	HAVE YOU EVER TAKEN SIBERIAN GINSENG FOR HEALTH REASONS?	1 = YES		YESF
bcm1_slippery_elm	HAVE YOU EVER TAKEN SLIPPERY ELM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_southbeach	HAVE YOU EVER ADOPTED THE SOUTH BEACH DIET?	1 = YES		YESF
bcm1_soy_supplement	HAVE YOU EVER TAKEN SOY SUPPLEMENT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_specdiets	HAVE YOU EVER ADOPTED A SPECIAL DIET AT ANY TIME IN YOUR LIFE?	1 = YES		YESF
bcm1_spiritual_healer	HAVE YOU EVER USED A SPIRITUAL HEALER?	1 = YES		YESF
bcm1_spirituality	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: SPIRITUALITY?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_spirulina	HAVE YOU EVER TAKEN SPIRULINA?	1 = YES		YESF
bcm1_stjohns_wort	HAVE YOU EVER TAKEN ST. JOHNS WORT FOR HEALTH REASONS?	1 = YES		YESF
bcm1_support_groups	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: SUPPORT GROUPS?	1 = YES		YESF
bcm1_tai_chi	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: TAI CHI?	1 = YES		YESF
bcm1_tcm	HAVE YOU EVER USED CHINESE MEDICINE (QUESTION #2)?	1 = YES	Responses to this question vary from responses contained within variable bcm1_chinese_med	YESF
bcm1_thyme	HAVE YOU EVER TAKEN THYME FOR HEALTH REASONS?	1 = YES		YESF
bcm1_tibetan_med	HAVE YOU EVER USED TIBETAN MEDICINE?	1 = YES		YESF
bcm1_turkey_rhubarb	HAVE YOU EVER TAKEN TURKEY RHUBARB FOR HEALTH REASONS?	1 = YES		YESF
bcm1_uva_ursi	HAVE YOU EVER TAKEN UVA URSI FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_valerian	HAVE YOU EVER TAKEN VALERIAN FOR HEALTH REASONS?	1 = YES		YESF
bcm1_vegan	HAVE YOU EVER ADOPTED THE VEGAN DIET (NO MEAT, DAIRY, EGGS)?			
bcm1_vegetarian	HAVE YOU EVER ADOPTED THE VEGETARIAN DIET WITH NO MEAT?	1 = YES		YESF
bcm1_visualization	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: VISUALIZATION OR GUIDED IMAGERY?	1 = YES		YESF
bcm1_water_tx	HAVE YOU EVER USED WATER TREATMENT OR HYDROTHERAPY?	1 = YES		YESF
bcm1_western_larch	HAVE YOU EVER TAKEN WESTERN LARCH FOR HEALTH REASONS?	1 = YES		YESF
bcm1_whole_foods	HAVE YOU EVER ADOPTED THE WHOLE FOODS DIET?	1 = YES		YESF
bcm1_wild_bark	HAVE YOU EVER TAKEN WILD BARK FOR HEALTH REASONS?	1 = YES		YESF
bcm1_wild_indigo	HAVE YOU EVER TAKEN WILD INDIGO FOR HEALTH REASONS?	1 = YES		YESF

Variable	Description	Values	Notes	Format Name
bcm1_wild_yam	HAVE YOU EVER TAKEN WILD YAM/MEXICAN YAM FOR HEALTH REASONS?	1 = YES		YESF
bcm1_yarrow	HAVE YOU EVER TAKEN YARROW FOR HEALTH REASONS?	1 = YES		YESF
bcm1_yellow_dock	HAVE YOU EVER TAKEN YELLOW DOCK FOR HEALTH REASONS?	1 = YES		YESF
bcm1_yoga	HAVE YOU EVER USED THE FOLLOWING MIND-BODY BASED APPROACH: YOGA?	1 = YES		YESF
bcm1_yucca	HAVE YOU EVER TAKEN YUCCA FOR HEALTH REASONS?	1 = YES		YESF
bcm1_zone	HAVE YOU EVER ADOPTED THE THE ZONE DIET?	1 = YES		YESF
no_red_meat	HAVE YOU EVER ADOPTED THE NO RED MEAT DIET (BUT DO EAT CHICKEN AND/OR FISH) (QUESTION #2)?	0 = NO 1 = YES	Responses to this question vary from responses contained within variable bcm1_no_redmeat	YESNOF

This data dictionary was created on January 16, 2024.